

The THRIVING Leader Program

Increase Your Contribution, Success & Joy

Now, more than ever, leaders want to **THRIVE**.

Inside and out – we want to know that it takes to make a bigger difference, to win at what matters and to live a life of deep fulfillment and joy.

The Thriving Leader Program is designed to facilitate this very experience and discovery.

Program Benefits

During The Thriving Leader Launch, you'll create your own vision of *THRIVING* – what it is for you to thrive in your business, in your personal life, and as a leader.

Then, throughout the program you'll powerfully move towards that vision. You'll develop capacity to:

- Create results with ease - be more effective.
- Increase your wealth, inside and out.
- Heal and let go of suffering.
- Tap your wisdom, honor your feelings, and speak your truth.
- Build effective teams and create a great work culture.
- Create and deliver fulfilling life work.
- Develop more authentic, nourishing relationships.
- Integrate spirituality into more day-to-day living.
- Live stronger, healthier, and happier.

How does The Thriving Leader Program work?

2-Day Thriving Leader Launch

The Thriving Leader Program launches with a two-day retreat focused on helping participants authentically connect with themselves, one another and to create their unique vision for a thriving life. This 2-Day Launch is a stand-alone program and only participants who are ready for the next step will opt into the 1 Year Thriving Leader Program.

Monthly Coaching Sessions

Each month participants gather for a workday of exploration and coaching. Topics are unique each month and pertain to being more fluid and effective in business, relationships, community participation and leadership. These coaching days always include a key aspect of effectiveness - integrating the *intellectual, emotional, physical and spiritual aspects of being alive*.

Practical Application

To deepen and integrate insights from coaching workdays participants touch base with small groups or with buddies throughout the month. The degree of participation in these groups varies from participant to participant based on personal preference. Often assigned reading and playful homework is given to participants for enriching and applying the coaching work.

The CORE Game

Each participant creates a visual representation of the life they desire (CORE Game) and plays for the fulfillment of that vision throughout the year. The scoreboard is used to stay connected to what matters most, account for progress, acknowledge failures and celebrate wins. It creates a map of success so that peers can support one another in winning true to what they want.

Peer Input & Reflection

The authentic dialogue and safe container of this program provide a unique opportunity for peers to learn together and increase their rate and pace of growth. Participants have a diverse range of backgrounds in business and life but a core commitment to pioneer a new field of leadership. While most have achieved a high level of financial and personal success, they are hungry to deepen and discover a more fulfilling and productive way to live and lead.

Master Coaching

Whitney Walpole facilitates this leadership program. She has long history of practical business experience running her own companies, years of successful executive coaching and management training experience, and she has a breadth practical *coaching training*, in both cognitive and therapeutic processes. As an integral aspect of her experience, Whitney has explored a *diverse range of spiritual philosophies* and brings a reverence for each individual's journey to their own spiritual truth and sense of purpose.

Fees & Dates

The Thriving Leader Launch and Program fees, as well as dates and schedule, can be found on the Culture Counts website, www.culturecounts.biz.

Specifically, the *One Year Journey THRIVING Leader Program* will explore these questions:

Self

- Who am I, and what's my life for now?
- How do I live from my sweet spot?

Business

- What business goals do I really want to achieve?
- How do I achieve them effectively and with ease?

Relationships

- Where do I want more connection and partnership?
- How do I create that?

Health

- What is healthy living to me?
- How do I achieve and sustain it?

Community

- Who are the most likely people to appreciate my gifts, receive my contribution and give me energy in return?
- How do I find them?

Purposeful Living

- How do I regularly connect to a state of balance and peace within?
- How do I consciously work towards my goals in partnership with Life versus feeling alone and driving for outcomes?